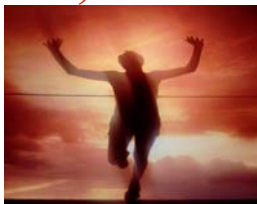


***H.O.P.E. 10K Race & 3K Fun Walk for Mental Health  
ESHC Open House And Community Health Fair  
Eastern Shore Hospital Center, 5262 Woods Road, Cambridge, MD***



***Saturday, May 5, 2007***

**Registration: 7:30 a.m.**

**Race Starting Time: 9:00 a.m.**

**Entry Fees: 10K Race - \$20 (\$25 Race Day)**

....Entry fee for run & walk includes tee shirt, continental breakfast, Health Fair & awards....

**3K Walk - \$20 (\$25 Race Day)**

**Pledges: All participants who raise \$30 or more will be entered in the Door Prize drawings.**

**Grand prizes awarded to the two participants who raise the most pledge money. To be eligible for door prizes – all pledges must be turned in before or on race day. All pledges & entry fees are tax deductible.**

**Awards: Prizes awarded for top male & female runners in the following age groups: Under 17, 18-29, 30-49, 50+ **Grand prizes are awarded to the two participants (runner or walker) with the highest amount of pledges.****

**Business/Organization Team Challenge**

Enter a team of 5 individuals from your business or organization for \$85 (\$100 Race Day). Each member can choose to participate in the Fun Walk or 10 K Race. Team members will receive a tee shirt, breakfast, Health Fair events & awards. **To be eligible for Door Prizes or Grand Prizes, each team member must raise a minimum of \$30 in pledges.** A team is a great way to bring people together for fun and support a very worthy cause. All teams will be listed in the Race Program if the team is registered by Friday, May 4<sup>th</sup>.

**Any Questions?? Contact ESHC at 888.216.8110, Ext 2357 or email [koddis@dnhm.state.md.us](mailto:koddis@dnhm.state.md.us)**

NAME: \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ AGE \_\_\_\_\_ SEX: \_\_\_M \_\_\_F

T-Shirt Size: M LG XLG 10K Race \_\_\_\_\_ 2K Fun Walk \_\_\_\_\_ (Check one)

Team Name (IF Applicable) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent signature required for all participants under the age of 18)

In consideration of this entry being accepted, I intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding the event, its agents, representatives, successors and assigns for any and all injuries suffered by me at said race. I acknowledge that I have read this general release and I understand the legal consequences thereof.

